

# Ahmed Mohamed Ghareib

## Clinical Psychologist

Experienced Clinical Psychologist uniquely combining expertise in addiction treatment with a strong foundation in Cognitive Behavioral Therapy (CBT) for effective outcomes

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## WORK EXPERIENCE

### Clinical Psychologist & Consultant Canadian center of human development

07/2022 - Present

#### Achievements/Tasks

- Provided remote and in-person psychological assessments and diagnostic evaluations for individuals experiencing a range of mental health concerns.
- Delivered individual therapy sessions utilizing Cognitive Behavioral Therapy (CBT) as a primary modality to address anxiety, depression, trauma, and other psychological issues.
- Developed and implemented tailored treatment plans based on client needs and evidence-based practices.
- Specialized in providing counseling and support to individuals struggling with addiction, incorporating CBT techniques for relapse prevention and recovery.
- Conducted psychoeducation sessions for clients and their families on mental health topics and coping strategies.
- Collaborated with other healthcare professionals (e.g., psychiatrists, general practitioners) as needed to ensure comprehensive client care
- Maintained confidential client records and adhered to ethical guidelines for psychological practice.
- Utilized principles of Hypnosis and Neurolinguistic Programming (NLP) as adjunctive therapeutic techniques (as appropriate and ethically sound)

### (Freelance Trainer & Therapist Freelancing

01/2022 - Present

#### Achievements/Tasks

- Provided individual clinical therapy services, specializing in addiction and utilizing Cognitive Behavioral Therapy (CBT).
- Utilized Trainer of Trainers (TOT) certification to effectively design and facilitate engaging and informative training programs.

## EDUCATION

PhD in Mental Health and Family Counseling  
(06/2024 - 04/2025)

Stanford College UK

Master of Science (MSc) in Mental Health and Family Counseling  
(11/2023)

Stanford College UK

Clinical Psychologist

Stanford College UK

## SKILLS

Clinical Assessment and Diagnosis

Individual Therapy

Family Therapy

Cognitive Behavioral Therapy (CBT)

Addiction Counseling

Relapse Prevention

Motivational Interviewing

Crisis Intervention

Hypnotherapy

Neurolinguistic Programming (NLP)

Trauma-Informed Care

Evidence-Based Practice

Treatment Planning and Implementation

Case Management

Therapeutic Relationship Building

Active Listening

Empathy

Interpersonal Skills

Cultural Sensitivity

## CERTIFICATES

Certified in Cognitive Behavioral Therapy (CBT)

Arab British Academy

Certified Addiction Treatment Specialist

Stanford College UK

Diploma in Hypnosis

Stanford College UK

Diploma in Neurolinguistic Programming (NLP)

Stanford College UK

Certified Trainer of Trainers (TOT)

Stanford College UK

## LANGUAGES

Arabic

Native or Bilingual Proficiency

English

Professional Working Proficiency