

# Dr. Hosam Badr

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## Professional Summary

Doctor of Naturopathic Medicine with 20+ years of diverse healthcare experience spanning naturopathic clinical practice and pharmaceutical advisory roles. Licensed in Egypt, Canada, and Dubai, with expertise in integrative medicine, gut-brain axis disorders, autism spectrum disorders, and chronic disease management. Recognized international speaker and advocate for evidence-based natural medicine, with a strong background in patient-centered care, research, and education.

## Licenses & Registrations

- Naturopathic License (Dubai Health Authority) – # 28804526-001
- Naturopathic Doctor License (Ontario, Canada) – #4393
- Medical Doctor License (Egypt) – #104708

## Education

**Doctor of Naturopathic Medicine** – Canadian College of Naturopathic Medicine (2023)

**Diploma in Holistic Nutrition** – Canadian School of Natural Nutrition (2018)

**MBA** – University of Wollongong, Dubai (2008)

**Diploma in Gynecology & Obstetrics** – Ain Shams University, Egypt (1997)

**M.B.B.Ch (Medicine & Surgery)** – Cairo University, Egypt (1990)

## Professional Experience

**Naturopathic Medicine Practitioner – Johns Hopkins Polyclinic, Dubai, UAE** (2025 – Present)

- Manage complex conditions related to the gut-brain axis, including IBD, food intolerances, autoimmune disorders, and mental health conditions.
- Provide integrative care using functional diagnostics, clinical nutrition, acupuncture, homeopathy, and botanical medicine.

**Doctor of Naturopathic Medicine – EMclinic, Burlington, Canada** (2024 – Present)

- Manage complex conditions related to the gut-brain axis, including IBD, food intolerances, autoimmune disorders, and mental health conditions.
- Provide integrative care using functional diagnostics, clinical nutrition, acupuncture,

homeopathy, and botanical medicine.

- Deliver personalized treatment plans for autism spectrum disorders and ADHD, improving patient outcomes and family support.

**Consultant of Naturopathic Medicine – Dolphine Autism Center, Egypt (2015 – Present)**

- Designed personalized naturopathic programs for children with Autism and ADHD.
- Integrated functional laboratory diagnostics, targeted dietary interventions, and botanical medicine.
- Conducted family education sessions, lectures, and webinars to increase awareness of biomedical approaches.

**Holistic Physician – Egypt (2007 – 2015)**

- Diagnosed and managed children with Autism Spectrum Disorders.
- Created and monitored holistic nutritional plans.
- Advocated for biomedical and integrative approaches through awareness campaigns.

**Product Physician (Medical Advisor) – Pfizer International Corporation (1998 – 2008)**

- Supported medical strategy and physician engagement across therapeutic areas.
- Gained extensive experience in communication, medical education, and product advisory.

**Senior Resident – Gynecology & Obstetrics, Ministry of Health Hospitals, Cairo (1991 – 1998)**

- Provided patient care in obstetrics and gynecology.
- Developed strong diagnostic and procedural skills.

## Conferences & Speaking Engagements

- International speaker on autism and integrative medicine in Morocco, Algeria, Saudi Arabia, UAE, Canada (2007–2023).
- Topics include autism and the gut-brain connection, immune system modulation, and biomedical protocols.

## Skills

- Clinical: Functional diagnostics, acupuncture, clinical nutrition, homeopathy, botanical medicine, Dry cupping, therapeutic message.
- Research & Education: Clinical trials, biomedical approaches in ASD, international public speaking
- Languages: Arabic (native), English (fluent)

- Digital Outreach: Active presence on YouTube, TikTok, and Facebook for public health education

 [www.youtube.com/@drhosambadr7028](https://www.youtube.com/@drhosambadr7028)  <https://www.facebook.com/DrHosambadr/>

 <https://www.tiktok.com/@drhosambadr7>

### **Personal Interests**

Supporting the autism community, squash, beach volleyball, football, diving, traveling.